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## **Level 4**

### **Fist bumps more hygienic than handshakes**

**30th July, 2014**

<http://www.breakingnewsenglish.com/1407/140730-fist-bumps-4.html>

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**Please try the harder Level 5 and the 26–page Level 6 (harder).**

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# THE READING

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps-4.html>

Scientists say a new, alternative way of greeting and showing respect is more hygienic than shaking hands. Sports players do it after someone scores and actors do it onstage at awards ceremonies. It's fist bumping - like a high five, except the hand is closed into a ball and nudges another person's fist using the knuckles. Researchers say it spreads one-twentieth of the germs than a handshake does and one-tenth of the germs in a high five.

American motorcycle gangs started the fist bump in the 1940s. It was easier and safer than shaking hands at traffic lights. President Obama and his wife Michelle fist bumped during a televised presidential campaign speech in 2008. There is less skin contact with a fist bump so there is less chance of spreading germs. A researcher said we rarely think about germs when shaking hands. Fist bumping could lower the risk of spreading diseases.

Sources: <http://www.dailymail.co.uk/wires/ap/article-2707563/Fist-bumps-germy-handshakes-study-says.html#ixzz38jKgLxOM>  
<http://www.theaustralian.com.au/news/world/fist-bump-is-the-cleanest-and-coolest-greeting-say-germ-researchers/story-fnb64oi6-1227004283151?nk=55de803b45b5dbd6b932106def38e4f1>  
[http://en.wikipedia.org/wiki/Fist\\_bump](http://en.wikipedia.org/wiki/Fist_bump)

# MATCHING

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps-4.html>

## PARAGRAPH ONE:

- |                                 |                           |
|---------------------------------|---------------------------|
| 1. a new, alternative           | a. awards ceremonies      |
| 2. more hygienic than           | b. in a high five         |
| 3. actors do it onstage at      | c. way of greeting        |
| 4. nudges another person's fist | d. twentieth of the germs |
| 5. it spreads one-              | e. shaking hands          |
| 6. one-tenth of the germs       | f. using the knuckles     |

## PARAGRAPH TWO:

- |                                    |                          |
|------------------------------------|--------------------------|
| 1. motorcycle                      | a. spreading germs       |
| 2. traffic                         | b. gangs                 |
| 3. during a televised presidential | c. of spreading diseases |
| 4. there is less chance of         | d. think about germs     |
| 5. we rarely                       | e. lights                |
| 6. lower the risk                  | f. campaign speech       |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps-4.html>

Scientists say a new, (1) \_\_\_\_\_ greeting and showing respect is (2) \_\_\_\_\_ shaking hands. Sports players do it after someone scores and actors (3) \_\_\_\_\_ ceremonies. It's fist bumping - like a high five, (4) \_\_\_\_\_ closed into a ball and nudges another person's fist (5) \_\_\_\_\_. Researchers say it spreads one-twentieth of the germs than a handshake does and one-tenth of the (6) \_\_\_\_\_.

American motorcycle gangs started (7) \_\_\_\_\_ 1940s. It was (8) \_\_\_\_\_ shaking hands at traffic lights. President Obama and his wife Michelle fist bumped (9) \_\_\_\_\_ presidential campaign speech in 2008. There (10) \_\_\_\_\_ with a fist bump so there (11) \_\_\_\_\_ spreading germs. A researcher said we rarely think about germs when shaking hands. (12) \_\_\_\_\_ the risk of spreading diseases.

# SHAKING HANDS SURVEY

From <http://www.breakingnewsenglish.com/1407/140730-fist-bumps-4.html>

Write five GOOD questions about shaking hands in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

