

Man pushes vegetable up mountain with his nose

5th August, 2014



People do many crazy things to raise money for charity. The latest crazy stunt came from an English man who decided to push a Brussels sprout up the highest mountain

in Wales – with his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges and will try to do anything for charity. His other challenges include walking 800 kilometers on stilts and sitting in a box for a week. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, not only for the patient but their family and friends too." He added: "People's cancer stories inspire me even more to carry on, and my challenges are going to get even more crazy."

It took Mr Kettell three days to push the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially designed face mask so he wouldn't scrape the skin off his face. He practised for his charity mission by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was about the size of a table-tennis ball. He said he wanted a larger one because it would not fall down a crack. He spent three days on his hands and knees with his nose a centimeter or two above the ground. He told reporters there was "a huge amount of pain" in his knees, wrists and back. He said he was happy because his training worked, he reached the summit, and he raised money for the charity.

Sources: WalesOnline.co.uk / BBC / WeatherNetwork

Writing

Charities for people are better than charities for animals. Discuss.

Chat

Talk about these words from the article.

crazy things / stunt / highest mountain / cancer charity / challenges / amazing / inspire / three days / mask / skin / face / hands and knees / pain / training / raised money

True / False

- A man from Wales pushed a vegetable up a mountain. T / F
- The mountain was the highest mountain in Wales. T / F
- The man once spent a week in a box for charity. T / F
- The man said he will not do any more crazy things. T / F
- The man wore a special mask to protect his skin. T / F
- The man practiced for his charity event on mountains in Wales. T / F
- The vegetable the man used was the size of a tennis ball. T / F
- The man's wrists hurt but his back was OK. T / F

Synonym Match

- | | |
|---------------|----------------|
| 1. crazy | a. most recent |
| 2. latest | b. created |
| 3. raise | c. personally |
| 4. first hand | d. selected |
| 5. inspire | e. mad |
| 6. designed | f. trained |
| 7. practised | g. enormous |
| 8. chose | h. collect |
| 9. huge | i. top |
| 10. summit | j. motivate |

Discussion – Student A

- What kind of training would the man need?
- How far would you push a vegetable with your nose to raise money for charity?
- What are the difficulties with pushing things with your nose?
- Would nose-pushing be a good sport?
- Have you ever been in a lot of pain doing something active?
- What have you trained for in your life?
- What message would you like to give Stuart Kettell?
- What questions would you like to ask Stuart Kettell?

Phrase Match

- | | |
|-----------------------------------|--------------------------|
| 1. crazy things to raise | a. for a cancer charity |
| 2. up the highest | b. of pain |
| 3. He wanted to raise \$8,500 | c. more to carry on |
| 4. I have seen first | d. off his face |
| 5. cancer stories inspire me even | e. money for charity |
| 6. He wore a specially | f. down a crack |
| 7. scrape the skin | g. the summit |
| 8. it would not fall | h. mountain in Wales |
| 9. a huge amount | i. designed face mask |
| 10. he reached | j. hand the amazing work |

Discussion – Student B

- What do you think about what you read?
- What crazy things have you done?
- What things have you done for charity?
- What do you think of the idea of pushing a vegetable up a mountain with your nose?
- What kind of challenges do you like?
- Why don't people do more for charity?
- What kind of stories inspire you?
- What would you like to do for charity?

Spelling

- raise money for rycthia
- he loves cahnsgeell
- cneuild walking 800km
- the ganmaiz work
- only for the patntie
- stories siperin me even more
- He wore a specially sedgedin face mask
- he wouldn't psaocr the skin
- fall down a ckacr
- above the ounrdg
- a huge unmtoa of pain
- he reached the iumtsm

Answers – Synonym Match

1. e	2. a	3. h	4. c	5. j
6. b	7. f	8. d	9. g	10. i

Role Play

Role A – World Wildlife Fund

You think the World Wildlife Fund is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, Red Cross / Red Crescent or an AIDS charity.

Role B – Sport For All

You think Sport For All is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): World Wildlife Fund, Red Cross / Red Crescent or an AIDS charity.

Role C – Red Cross / Red Crescent

You think Red Cross / Red Crescent is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, World Wildlife Fund or an AIDS charity.

Role D – AIDS charity

You think an AIDS charity is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, Red Cross / Red Crescent or World Wildlife Fund.

Speaking – Charity

Rank these with your partner. Put the most important charities at the top. Change partners often and share your rankings.

- World Wildlife Fund
- Sport For All
- Cancer charity
- AIDS charity
- Red Cross / Red Crescent
- Environment charity
- Amnesty International
- Médecins Sans Frontières

Answers – True False

a	F	b	T	c	T	d	F	e	T	f	T	g	F	h	F
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Answers to Phrase Match and Spelling are in the text.