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Level 0

People use technology more, sleep less

9th August, 2014

<http://www.breakingnewsenglish.com/1408/140809-sleeping-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1408/140809-sleeping-0.html>

British people use technology for 20 minutes longer than they sleep. Many adults use technology for eight hours and 41 minutes a day. This is because of high-speed Internet. People spend more time online. Many people use their phone and watch television at the same time. People watch TV for about three hours a day.

Six-year-olds understand technology the same as 45-year-olds. Fifteen-year-olds are best with technology. A doctor said we are more anti-social. He said we talk less face-to-face. People cannot stop using their phones. Technology also means people work at home using their phone or computer.

Sources: <http://www.independent.co.uk/life-style/gadgets-and-tech/news/we-now-spend-more-time-in-front-of-a-screen-than-in-bed-ofcom-study-shows-9652631.html>
<http://www.reuters.com/article/2014/08/06/britain-communications-idUSL6N0QC4NF20140806>
<http://consumers.ofcom.org.uk/news/cmr-2014/>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1408/140809-sleeping-0.html>

PARAGRAPH ONE:

- | | |
|---|----------------------------|
| 1. people use technology for 20 minutes | a. speed Internet |
| 2. Many adults | b. their phone |
| 3. eight hours and | c. use technology |
| 4. This is because of high- | d. longer than they sleep |
| 5. People spend more | e. about three hours a day |
| 6. Many people use | f. time online |
| 7. watch television at | g. 41 minutes a day |
| 8. People watch TV for | h. the same time |

PARAGRAPH TWO:

- | | |
|-------------------------------|-------------------------|
| 1. Six-year-olds understand | a. best with technology |
| 2. the same | b. at home |
| 3. Fifteen-year-olds are | c. to-face |
| 4. we are more anti- | d. or computer |
| 5. He said we talk less face- | e. technology |
| 6. People cannot stop | f. social |
| 7. people work | g. as 45-year-olds |
| 8. using their phone | h. using their phones |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1408/140809-sleeping-0.html>

British (1) _____ for 20 minutes longer than they sleep. Many (2) _____ for eight hours and 41 minutes a day. This is because of (3) _____. People spend (4) _____. Many people use their (5) _____ television at the same time. People watch TV for about (6) _____.

Six-year-olds understand technology (7) _____ 45-year-olds. Fifteen-year-olds (8) _____ technology. A doctor said we are (9) _____. He said we talk (10) _____. People cannot (11) _____. Technology also means people work at home (12) _____ or computer.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1408/140809-sleeping-0.html>

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s face-to-face. People cannot stop using their phones. Technology also means sp

people work at home using their phone or computer.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

