

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 4 – 22nd July 2024

UK doctors to treat people suffering from eco-anxiety

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 5 and 6. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE READING

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Many young people have eco-anxiety worldwide. UK doctors have been advised to talk about climate change with patients. Under new guidelines, a doctor's visit might consist of a medical diagnosis and advice on how to reduce our carbon footprint, as well as help on how to live with eco-anxiety. Critics of the guidelines called them "seriously unethical". They said doctors should spend time "treating patients rather than lecturing them on 'politicised issues'".

The UN said eco-anxiety was "an emergency crisis hidden in plain sight". The UN said the constant worry about the climate crisis will severely affect the mental health of children. Downtoearth.com wrote: "Extreme weather events like wildfires, heatwaves...and floods lead to displacement and food shortages, causing psychological harm." A UN survey found that 59 per cent of young people in a study were distressed about the climate.

Sources: <https://www.dailymail.co.uk/news/article-13637313/Now-doctors-told-lecture-climate-change-Health-leaders-tell-medics-look-eco-distress-promote-remote-appointments-cut-emissions.html>
<https://phys.org/news/2024-07-trillions-lost-worker-productivity-due.html>
<https://www.downtoearth.org.in/climate-change/eus-carbon-border-tax-mechanism-unfair-to-developing-countries-cse>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|-------------------------|
| 1. talk about climate change | a. unethical |
| 2. consist of a medical | b. with patients |
| 3. advice on how to reduce | c. issues |
| 4. help on how to live | d. of the guidelines |
| 5. Critics | e. our carbon footprint |
| 6. seriously | f. patients |
| 7. treating | g. diagnosis |
| 8. lecturing them on politicised | h. with eco-anxiety |

PARAGRAPH TWO:

- | | |
|-------------------------------|----------------------|
| 1. an emergency crisis hidden | a. shortages |
| 2. the constant | b. in a study |
| 3. Extreme weather events | c. worry |
| 4. floods lead | d. in plain sight |
| 5. food | e. about the climate |
| 6. causing psychological | f. like wildfires |
| 7. young people | g. harm |
| 8. distressed | h. to displacement |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Many (1) _____ eco-anxiety worldwide. UK doctors have been (2) _____ about climate change with patients. Under new guidelines, a doctor's visit might consist of (3) _____ and advice on how to reduce our carbon footprint, as well as help on how (4) _____ eco-anxiety. Critics of the guidelines called (5) _____. They said doctors should spend time "treating patients rather than (6) _____ 'politicised issues'".

The UN said eco-anxiety was "an emergency (7) _____ plain sight". The UN said the (8) _____ the climate crisis will severely affect the mental health of children. Downtoearth.com wrote: "Extreme (9) _____ wildfires, heatwaves...and floods lead to displacement (10) _____, causing psychological harm." A UN (11) _____ 59 per cent of young people in a study were distressed (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Manyyoungpeoplehaveeco-anxietyworldwide.UKdoctorshavebeen advisedtotalkaboutclimatechangewithpatients.Undernewguidelines ,adoctor'svisitmightconsistofamedicaldiagnosisandadviceonhowtor educeourcarbonfootprint,aswellashelponhowtolivewiththeco-anxie ty.Criticsoftheguidelinescalledthem"seriouslyunethical".Theysaidd octorsshouldspendtime"treatingpatientsratherthanlecturingthemo n'politicisedissues".TheUNsaideco-anxietywas"anemergencycrisis hiddeninplainsight".TheUNsaidtheconstantworryabouttheclimatecr isiswillseverelyaffectthementalhealthofchildren.Downtoearth.com wrote:"Extremeweathereventslikewildfires,heatwaves...andfloodsl eadtodisplacementandfoodshortages,causingpsychologicalharm."A UNSurveyfoundthat59percentofyoungpeopleinastudyweredistresse dabouttheclimate.

ECO-ANXIETY SURVEY

From <https://breakingnewsenglish.com/2407/240722-eco-anxiety-4.html>

Write five GOOD questions about eco-anxiety in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

UK doctors to treat people suffering from eco-anxiety – 22nd July 2024
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

