

Eye colour change is riskiest cosmetic surgery

2nd September 2024



Increasing numbers of people worldwide are opting for cosmetic surgery to enhance their looks. What prospective patients may not know is that procedures to change the colour of one's eyes are the riskiest. Research conducted by the online

eyewear store Overnight Glasses asserts that eye colour surgery comes with a 92 per cent likelihood of complications. Eye colour change tops the researchers' list of riskiest cosmetic procedures. Such operations include iris implants and laser pigment removal. There is also a procedure called keratopigmentation. This is a permanent eye colour change in which a special colourant is inserted into the eyes using precision laser technology.

Earlier this year, the American Academy of Ophthalmology released a warning against eye colour change procedures. Dr Ashley Brissette highlighted things that could go wrong. These include dye leakage, allergic reactions, infections, sensitivity to light, damage to the cornea that can lead to cloudiness or vision loss, and ultimately blindness. She said: "Anything that we do with the eyes, we have to be very, very cautious." The researchers said recovery time can be up to two months, and the average cost of surgery is \$12,000. Ophthalmologist Nicole Bajic advised getting coloured contact lenses instead of going under the knife. She said this, "can give you the look you want without putting your eye health at risk".

Sources: [nypost.com](https://www.nypost.com) / [aol.com](https://www.aol.com) / [clevelandclinic.org](https://www.clevelandclinic.org)

Writing

People should never change their eye colour. Discuss.

Chat

Talk about these words from the article.

cosmetic surgery / looks / eye colour / glasses / complications / pigment / laser / ophthalmology / dye / allergic reactions / vision loss / blindness / contact lenses

True / False

- 1) The number of people having cosmetic surgery is decreasing. T / F
- 2) A glasses store conducted the research in the article. T / F
- 3) There is a 92% chance of complications with eye colour change surgery. T / F
- 4) The procedure keratopigmentation colours the eyes with syringes. T / F
- 5) America's Academy of Ophthalmology endorses cosmetic eye surgery. T / F
- 6) People can have allergic reactions to eye dye. T / F
- 7) The most expensive eye colour change surgery is \$12,000. T / F
- 8) An ophthalmologist recommended contact lenses over surgery. T / F

Synonym Match

(The words in **bold** are from the news article.)

- | | |
|----------------------------------|-------------------|
| 1. opting | a. caution |
| 2. enhance | b. difficulties |
| 3. conducted | c. convalescence |
| 4. complications | d. improve |
| 5. inserted | e. careful |
| 6. warning | f. having surgery |
| 7. vision | g. choosing |
| 8. cautious | h. eyesight |
| 9. recovery | i. carried out |
| 10. going under the knife | j. introduced |

Discussion – Student A

- a) What do you think about what you read?
- b) Would you ever consider having cosmetic surgery?
- c) Is one eye colour better than another?
- d) What would you do if you started to lose your vision?
- e) What's the best eye colour?
- f) What do you think of coloured contact lenses?
- g) Have you ever been under the knife?
- h) What questions would you like to ask an ophthalmologist?

Phrase Match

- | | |
|------------------------------------|-------------------------|
| 1. people worldwide are opting | a. laser technology |
| 2. a 92 per cent likelihood | b. the knife |
| 3. Such operations include iris | c. into the eyes |
| 4. a special colourant is inserted | d. to light |
| 5. using precision | e. implants |
| 6. allergic | f. you want |
| 7. sensitivity | g. lead to cloudiness |
| 8. damage to the cornea that can | h. for cosmetic surgery |
| 9. instead of going under | i. reactions |
| 10. this can give you the look | j. of complications |

Discussion – Student B

- What do you think of cosmetic surgery?
- What would you like to change about your looks?
- How risky do you think cosmetic surgery is?
- What do you think of your eye colour?
- What do you think of a doctor operating on your eyes?
- Why might people want to change the colour of their eyes?
- What do you do to look after your eyes?
- Would you like to change anything about your eyes?

Spelling

- cosmetic surgery to enchnae their looks
- What piersveptoc patients may not know
- riskiest cosmetic espuorerc
- laser pteignm removal
- a special Inouotacr is inserted into the eyes
- using iepcsinro laser technology
- academy of hpotalmoghoyl
- These include dye leeaagk
- elaclgri reactions
- ntsevtyiis to light
- vision loss, and teilmtayul blindness
- we have to be very, very uutiasco

Answers – Synonym Match

1. g	2. d	3. i	4. b	5. j
6. a	7. h	8. e	9. c	10. f

Role Play

Role A – Eye Colour Change

You think eye colour change is the most desirable cosmetic surgery procedure. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the least desirable of these (and why): wrinkle removal, tummy tuck or nose surgery.

Role B – Wrinkle Removal

You think wrinkle removal is the most desirable cosmetic surgery procedure. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the least desirable of these (and why): eye colour change, tummy tuck or nose surgery.

Role C – Tummy Tuck

You think tummy tuck is the most desirable cosmetic surgery procedure. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the least desirable of these (and why): wrinkle removal, eye colour change or nose surgery.

Role D – Nose Surgery

You think nose surgery is the most desirable cosmetic surgery procedure. Tell the others three reasons why. Tell them what is wrong with their procedures. Also, tell the others which is the least desirable of these (and why): wrinkle removal, tummy tuck or eye colour change.

Speaking –

Rank these

- | | |
|-------------------|----------------------|
| • Tummy tuck | • Eye colour change |
| • Wrinkle removal | • Cheek reduction |
| • Liposuction | • Laser hair removal |
| • Nose surgery | • Hair transplants |

Answers – True False

1	F	2	T	3	T	4	F	5	F	6	T	7	F	8	T
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Answers to Phrase Match and Spelling are in the text.